

# National Educational and Health Awareness Dates 2013-14 Calendar

## SEPT. 13

**Childhood Cancer Month**  
**Library Card Sign Up Month**  
**National Alcohol and Drug Addiction Recovery Month**  
**National Food Safety Education Month**  
**National Childhood Obesity Awareness Month**  
**National Preparedness Month**

**Sept. 15–** Hispanic Heritage Month  
**Oct. 15**

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**1–7** National Childhood Injury Prevention Week

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**8–14** Suicide Awareness and Prevention Week

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**8** International Literacy Day

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**10** World Suicide Prevention Day

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**15–21** Child Passenger Safety Week

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**17** Constitution Day/Citizenship Day

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**20–22** Clean up the World Weekend

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**21** International Day of Peace

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**25** National Women’s Health & Fitness Day

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**27** Native American Day

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**28** Family Health & Fitness Day

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**29** World Heart Day

## OCT. 13

**ADHD Month**  
**Breast Cancer Awareness Month**  
**Child Health Month**  
**Computer Learning Month**  
**Depression and Mental Health Month**  
**Diversity Awareness Month**

**Domestic Violence Awareness Month**  
**Family Health Awareness Month**  
**Health Literacy Month**  
**Head Start Awareness Month**  
**Month of the Young Adolescent**  
**National Book Month**  
**National Bullying Prevention Month**  
**National Communicate with Your Kids Month**  
**National Crime Prevention Month**  
**National Dental Hygiene Month**  
**National Depression Education and Awareness Month**  
**Positive Attitude Month**

**1** International Day for Older Persons

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**4** National Diversity Day

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**5** World Teacher’s Day

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**6–12** National Fire Prevention Week

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**7** Child Health Day

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**7** World Habitat Day

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**7–13** Mental Illness Awareness Week

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**9** Walk to School Day

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**9** SAVE (Stop America’s Violence Everywhere) Day

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**10** World Mental Health Day

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**10** National Depression Screening Day

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**13–19** Teen Read Week

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**16** World Food Day

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**20–26** National Character Counts Week

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**20–26** America’s Safe Schools Week

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**20-26** National Teen Driver Safety Week

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**21-25** National School Bus Safety Week

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**23–31** Red Ribbon Week

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**23** International Stuttering Awareness Day

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**24** United Nations Day

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**31** National UNICEF Day

# NOV. 13

**American Diabetes Month**  
**Lung Cancer Awareness Month**  
**National Adoption Month**  
**National Career Development Month**  
**National Native American Heritage Month**  
**National Family Caregivers Month**  
**National Healthy Skin Month**  
**National Scholarship Month**

- 8 National Parents as Teachers Day
- 11-15 National Young Readers Week
- 11-15 School Psychology Awareness Week
- 11-17 Drowsy Driving Prevention Week
- 13 World Kindness Day
- 15 America Recycles Day
- 16 International Day of Tolerance
- 18-22 American Education Week
- 21 National Parental Involvement Day
- 21 Great American Smokeout
- 23 National Family Volunteer Day

# DEC. 13

**National Drunk and Drugged Driving Prevention Month**  
**Safe Toys and Gifts Month**  
**Universal Human Rights Month**

- 1 World AIDS Day
- 1-7 National Handwashing Awareness Week
- 2 Special Education Day
- 3 International Day of Disabled Persons
- 5 International Volunteer Day
- 15 Bill of Rights Day

# JAN. 14

**Book Blitz Month**  
**National Mentoring Month**  
**National Blood Volunteer Donor Month**  
**National Thank You Month**

- 1 Emancipation Proclamation Anniversary
- 19 World Religion Day
- 20-24 No Name Calling Week

# FEB. 14

**African American History Month**  
**American Heart Month**  
**National Children's Dental Health Month**

- 1 National Freedom Day
- 2 Groundhog Job Shadowing Day
- 3-7 National School Counseling Week
- 14-20 Random Acts of Kindness Week
- 23-March 1 National Eating Disorders Awareness Week

# MARCH 14

**American Red Cross Month**  
**Gender Equality Month**  
**Music in our Schools Month**  
**National Middle Level Education Month**  
**National Nutrition Month**  
**National Women's History Month**  
**Social Work Month**  
**Youth Art Month**

# MARCH

- 2 Read Across America Day
- 3-7 National School Breakfast Week
- 8 International Women's Day
- 11 Johnny Appleseed Day
- 12-18 Girl Scout Week
- 16-22 National Poison Prevention Week
- 19 Kick Butts Day
- 21 International Day for the Elimination of Racial Discrimination

# APRIL 14

- Alcohol and Drug Awareness Month
- Child Abuse Prevention Month
- Counseling Awareness Month
- Keep America Beautiful Month
- Mathematics Education Month
- National Autism Awareness Month
- National STD Awareness Month
- National Youth Sports Safety Month
- School Library Media Month
- Sexual Assault Awareness Month

- 2 International Children's Book Day
- 6-12 Week of the Young Child
- 6-13 National Volunteer Week
- 7 World Health Day
- 7-11 National Youth Violence Prevention Week
- 10 National Alcohol Screening Day
- 11 Day of Silence
- 11-13 Global Youth Service Days
- 13-19 National Library Week
- 21-25 Public School Volunteer Week
- 20-26 Administrative Professionals Week
- 22 Earth Day

- 24 Take Our Daughters and Sons to Work Day
- 28 Holocaust Remembrance Day
- 29-May 5 Screen Free Week (TV Turnoff Week)

# MAY 14

- Asian Pacific American Heritage Month
- Better Hearing and Speech Month
- Clean Air Month
- Military Appreciation Month
- National Bike Month
- National Mental Health Awareness Month
- National Physical Education and Sports Month
- National Foster Care Month
- Teen Pregnancy Prevention Month

- 5-10 National PTA Teacher Appreciation Week
- 8 World Red Cross Day
- 8 National Children's Mental Health Awareness Day
- 11 National School Nurses Day
- 17 Armed Forces Day
- 25 National Missing Children's Day
- 31 World No Tobacco Day

# JUNE 14

- Fireworks Safety Month (1-July 4)
- National Safety Month

- 5 World Environment Day
- 14 Flag Day
- 19 Emancipation Day